



# Level 3 Qualification in Sports Leadership



## Level 3 Qualification in Sports Leadership

### About the subject

The Sports Leaders UK Level 3 Qualification in Sports Leadership builds upon the leadership skills and experience gained through the Level 1 or Level 2 Sports Leadership courses. This course gives students the opportunity to learn the skills needed to plan and deliver sessions for specialist community groups and schools to develop their knowledge on coaching/leading on different sports. It helps to develop confidence and the ability to communicate effectively with other people and peers. The course is of value to those who wish to further develop their coaching skills or progress onto a career in Sport or PE teaching. There is **no requirement** to have completed the Level 1 or 2 Sports Leadership Course.

Level 3 Award in Higher Sports Leadership has been awarded **16 tariff points by UCAS**.

## Course content

### Units

Unit	Unit Title
1	Developing leadership skills
2	Plan, lead and evaluate a sports/physical activity event
3	Lead safe sport/physical activity sessions
4	Plan, lead and evaluate sport/physical activity sessions for children
Optional units	
5	Plan, lead and evaluate sport/physical activity sessions in the community*
6	Plan, lead and evaluate sport/physical activity sessions for disabled people*
7	Plan, lead and evaluate sport/physical activity sessions for older people*

### Who is the course for?

This course is for people who have an interest and who are looking for a career in sport and leadership. Learners must be aged 16 or above. The course will be taught in a very practical format, so students must enjoy taking part and leading in sport.

### Assessment method

Students will complete an easy to use Learner Evidence Record (LER) for the qualification. The LER is mandatory and uses the following assessments:

- Practical observation – video/photos can be used to support this
- Questioning of underpinning knowledge - via worksheets
- Plans and evaluations completed during the course

### Future opportunities / career options

- Volunteering opportunities at sporting events and competitions.
- Progression to Level 3 Exercise and Fitness.

- Sports Coaching, Personal Training and Teaching Assistant opportunities may arise on completion of this course.



## What next?

For further help or information please contact Mrs J Worrall or Mr J Dunbar

Tel: 01225 762637

For further information regarding the Sixth Form please contact Ms L Brunt (Head of Sixth Form) at [sixthform@jogschool.org](mailto:sixthform@jogschool.org) or 01225 762637 ext 205.



