



# WEEK 3 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>SWEET CHILLI CHICKEN</b> Slice of chicken breast coated &amp; baked in a sweet chill sauce</p>	<p><b>HOMEMADE COTTAGE PIE</b> Minced beef in a rich gravy topped with mash potato</p>	<p><b>ROAST CHICKEN</b> Tender slice of fresh chicken breast with sage &amp; onion stuffing</p>	<p><b>HOMEMADE MEATBALLS</b> Beef meatballs in a spicy tomato sauce</p>	<p><b>BATTERED FISH</b> or <b>BREADED CHICKEN STEAKS</b></p>
<p><b>QUORN CHILLI CON CARNI</b> Minced quorn in a chilli sauce</p>	<p><b>STICKY BBQ QUORN SAUSAGES</b></p>	<p><b>VEGETABLE AU GRATIN</b> Seasonal vegetables coated and baked in a cheese sauce</p>	<p><b>SWEET POTATO &amp; VEGETABLE CURRY</b> Sweet potato &amp; vegetables in a mild curry sauce</p>	<p><b>SLICE OF MARGARITA PIZZA</b></p>
<p><b>SOFT NOODLES</b></p>	<p><b>MASH POTATO</b></p>	<p><b>ROAST POTATOES</b></p>	<p><b>STEAMED RICE</b></p>	<p><b>CHIPS</b></p>
<p><b>STIR FRY VEGETABLE</b> or <b>MIXED SALAD</b></p>	<p><b>VEGETABLE OF THE DAY</b> or <b>MIXED SALAD</b></p>	<p><b>FRESH SEASONAL VEGETABLES</b>  <b>GRAVY</b></p>	<p><b>VEGETABLE OF THE DAY</b> or <b>MIXED SALAD</b></p>	<p><b>BAKED BEANS</b>  <b>PEAS</b>  <b>MIXED SALAD</b></p>
<p><b>FRESHLY MADE SANDWICHES, BAGUETTES, WRAPS AND DELI ROLLS WITH A VARIETY OF FILLINGS ALL HOMEMADE FROM £1.40</b></p>				
<p><b>JACKET POTATOES WITH VARIOUS HOT AND COLD FILLINGS FROM £1.60</b></p>				
<p><b>HOT PASTA WITH A CHOICE OF TWO SAUCES £1.60</b></p>				
<p><b>A SELECTION OF HOMEMADE CAKES, YOGHURTS AND FRESH FRUIT</b></p>				