



# WEEK 4 MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>CHILLI BEEF MEXICAN WRAPS</b> Minced beef in a chilli sauce enveloped in a flour wrap	<b>SWEET &amp; SOUR CHICKEN</b> Chunks of chicken breast in a sweet & sour sauce	<b>ROAST GAMMON</b> Slices of succulent gammon with sage & onion stuffing	<b>HOMEMADE CHICKEN &amp; SWEETCORN SUPREME</b> Chicken chunks & sweetcorn in a creamy white sauce	<b>BATTERED FISH</b> or <b>BREADED CHICKEN STEAKS</b>
<b>CRISPY VEGETABLE BAKE</b> Vegetable patties coated in breadcrumbs	<b>QUORN BOLOGNAISE</b> Minced quorn in a tomato, garlic & herb sauce	<b>SPINACH &amp; MUSHROOM LASAGNE</b> Spinach & mushrooms in white sauce layered with pasta sheets & topped with cheddar cheese	<b>LEEK, CHEESE &amp; EGG BAKE</b> Layers of leeks & cheese baked in a quiche mixture	<b>SLICE OF MARGARITA PIZZA</b>
<b>JACKET POTATO HALVES</b>	<b>SOFT NOODLES</b>	<b>ROAST POTATOES</b>	<b>RICE</b>	<b>CHIPS</b>
<b>VEGETABLE OF THE DAY</b> or <b>MIXED SALAD</b>	<b>STIR FRY VEGETABLES</b> or <b>MIXED SALAD</b>	<b>FRESH SEASONAL VEGETABLES</b> <b>GRAVY</b>	<b>VEGETABLE OF THE DAY</b> or <b>MIXED SALAD</b>	<b>BAKED BEANS</b> <b>PEAS</b>

FRESHLY MADE SANDWICHES, BAGUETTES, WRAPS AND DELI ROLLS WITH A VARIETY OF FILLINGS ALL HOMEMADE FROM £1.40

JACKET POTATOES WITH VARIOUS HOT AND COLD FILLINGS FROM £1.60

HOT PASTA WITH A CHOICE OF TWO SAUCES £1.60

A SELECTION OF HOMEMADE CAKES, YOGHURTS AND FRESH FRUIT